

Developmental Milestones:

Below is a chart derived from healthychildren.org that is a guideline of what most babies are capable of doing at certain months. Please remember that this does not mean that EVERY baby is doing these milestones. At every visit, we administer the PDQ which is a developmental tool which helps enable us to make sure your child is not in any way delayed.

0-3 MONTHS:

- Raises head and chest when on stomach
- Stretches and kicks on back
- Opens and closes hands
- Begins to develop social smile
- More communicative
- Follows moving objects
- Recognizes familiar objects and people
- Prefers certain sensations

4-7 Months

- Rolls both ways
- Sits with support (4-6 months) and without support (6-7 months)
- Bears weight on legs
- Transfers object from hand to hand
- Uses raking grasp
- Vowel sounds (4 months) followed by consonant sounds (6 months)
- Enjoys social play
- Finds partially hidden objects
- Explores with hands and mouth
- Struggles to get objects that are out of reach

8-12 Months

- Gets to sitting position without help

Assumes hand and knee position
Pulls self to stand
Walks holding on to furniture
Combines syllables and "jabbers"(dada dada or gagaga)
Indicates wants by pointing or pulling
Shy or anxious with strangers
Cries when parents leave
Tests parental response
Finger feeds
Prefers certain people and toys
Finds hidden objects easily
Imitates gestures
Begins to use objects correctly

12-18 Months

Walks alone
Pulls toys behind when walking
Imitates behaviors of others
Waves bye-bye
Mama/Dada specific (around 12 months)
About 3 words (15 months-18 months)
Scribbles
Follows commands

18-24 Months

Uses spoon and fork
Begins to run
6 words
Kicks a ball
Removes tops or bottoms

2-3 years old

Starts combining two word sentences around age 2 and full sentences age 3
Aware of themselves as separate from others
Enjoys company of other people
Sorts by shape and color
Plays make believe

