



Managing Your Child's ADD/ADHD

Attention Deficit / Hyperactivity Disorder is a problem with inattentiveness, over-activity, impulsivity, or a combination of these issues. For these problems to be diagnosed as ADHD, they must be out of the normal range for a child's age and development.

Once diagnosed, treating ADHD becomes a partnership between the health care provider, parents or caregivers, and the child. For therapy to succeed, it is important to:

- ✓ Set specific, appropriate target goals to guide therapy.
- ✓ Start medication and behavior therapy.
- ✓ Have regular follow-ups with us so that we can check on goals, results, and any side effects of medications.

As a partner in your child's care, we have community resources, medication information, and methods of self-management available to you. You may access them online by either method below.

Website

<http://www.bcdhealth.com/ADHD.html>

By QR Code

(if you have a code reader installed on your mobile device)



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